

**JEFFERSON-BLOUNT-ST. CLAIR
MENTAL HEALTH AUTHORITY**

Description of Local Services and Projected Funding Levels

EASTSIDE MENTAL HEALTH CENTER INPATIENT SERVICES - \$120,000: This funding is to assist Eastside Mental Health Center in providing for inpatient psychiatric treatment for persons in crisis and who are uninsured.

UAB COMMUNITY PSYCHIATRY PROGRAM - \$120,000: This funding is to assist UAB Mental Health Center in providing for inpatient psychiatric treatment for persons in crisis and who are uninsured.

PROGRAMS OPERATED BY THE JEFFERSON-BLOUNT-ST. CLAIR MENTAL HEALTH AUTHORITY - \$707,361: This funding provides for the following services:

Children Services Programs including the F.I.N.D. Project (Family Integrity Network Demonstration Project): The F.I.N.D. program provides in-home and case management services for children at risk of being removed from their homes, and their families, to preserve the integrity of the family unit. Services also include a crisis intervention response team which provides in-home intervention and assessment to children identified as multiple needs children to prevent removal of the children from their homes.

Family Court Liaison: This program provides direct liaison services to emotionally/behaviorally disturbed children and their families involved with the Family Courts in Jefferson and St. Clair Counties. These employees are responsible for clinical assessment of client needs and advocating for appropriate, least restrictive alternatives. These employees work directly with the Family Court Judges, probation officers, and staff of the court in accessing and implementing mental health services.

Children Overcoming Problems Everyday (COPE): Child Mental Health Initiative formerly funded via a SAMHSA federal grant, this program has been sustained through the financial support of local DHR, Family Court and City and County school systems to enhance and expand child and adolescent mental health services within Jefferson County. This program has allowed us to develop new services, improve access to existing services, and improve our ability to identify children in need of our services.

Supported Living: This program provides two Supported Living case managers who work with clients returning to independent living after being hospitalized at Bryce Hospital and then completing one of the Authority's residential programs. These clients receive case management support needed to enable them to maintain their independence in the community.

Urgent Care Clinic: Opened in December 2013, the clinic offers a first of its kind service in the state of Alabama: a walk-in clinic for those in need of immediate psychiatric care. One of the goals of the clinic is to reduce crowding of local hospital emergency rooms. The emergency room is a much higher level of care than is needed by many psychiatric patients currently frequenting the ER. The immediate access available at the Urgent Care Clinic also will provide a bridge to those in the community waiting for an appointment at a local mental health center, but in need of services in advance of the appointment availability. Staffing includes a Psychiatrist, Nurse Practitioner, Master's level therapist, RN, LPN, Peer Navigators and a Case Manager.

Western Mental Health Clinic: Outpatient services for children and adults who live in the western portion of Jefferson County.

Mental Illness Residential Housing, Supported Housing, Apartments, and Clinical Services: This program provides community based housing and associated therapeutic services for 371 persons with mental illness, who would otherwise be patients at state psychiatric hospitals.

Mental Illness Day Treatment: This program provides intensive habilitation training in economic self-sufficiency, self-care, self-direction, receptive/expressive language, learning and capacity for independent living. The focus of training is to enable the individual to reach his or her maximum potential which would allow movement to the most independent setting possible. Local funds provide match for accessing federal reimbursement.

Mental Illness Foster Homes and Nursing Homes: This program provides monitoring and supervision of persons placed in the 38 foster home beds and 70 nursing home beds available for the mentally ill/intellectually disabled in our three county region. Mental health services are also provided to these clients, as needed, through this program.

Community Outreach Services Case Management: This program provides assistance for clients to obtain housing, entitlements, and health care services, to enable them to live successfully in the community.

Probate Court Services: This program provides for a link between the Jefferson County Probate Court and the community mental health system, and to assist families (petitioners) seeking commitment to state hospitals.

Jefferson County Health Department Team: The focus of the Health Department Team is to target consumers residing in Boarding Homes in an attempt to increase their quality of care. The team will work in concert with the Health Department Inspection Team to strive to decrease the number of non-permitted Boarding Homes, while increasing Boarding Home resources for the homeless population.

Bryce Hospital Liaison: This program provides a link between Bryce Hospital and the community mental health programs of our region.

Homeless Services: This program provides case management services for homeless individuals with mental illness, to assist them in accessing housing, entitlements, and health care services. Local Funds provide match for accessing federal grant reimbursement.

Jefferson County Sheriff's Department CSO: This program provides mental health outreach and liaison services to the sheriff's department. Sheriff's deputies have access to a CSO 24 hours a day, seven days a week.

Program of Assertive Community Treatment: A team approach to care, targeting hard to reach individuals diagnosed with severe and persistent mental illness. Integrates mental health treatment, substance abuse treatment, vocational rehabilitation, case management, assistance with daily living skills and social support within a multi-disciplinary team. Emergency response is also provided by this 12 person team and a team member is available 24 hours per day, 7 days per week.

Outpatient Commitment Team: This program works with individuals who are undergoing evaluation for involuntary commitment or have been outpatient committed to a designated mental health facility by Jefferson County Probate Court. The program purpose is to provide less restrictive treatment options for individuals by offering court screening, in-home intervention and physician assessment and treatment services.

NOVA First Episode Psychosis: This program empowers and supports teens and young adults dealing with psychosis for the first time. Staff includes a psychiatrist, registered nurse, master's level therapist, case manager and peer support staff.

Office of Deaf Services: Provides clinical services, case management and residential services to mentally ill consumers with hearing loss. Interpreting services in mental health care settings are also provided out of this office. Staff also performs advocacy work to ensure that all persons with hearing loss receive access to culturally and linguistically appropriate services in mental health.

Properties Management: This category provides funds for maintenance of buildings and equipment associated with the Authority central office, Eastside Mental Health Center, the Peer Support Marshall Center, the 1920 Club, and mental illness residential beds.

Authority Administration: This category provides for a variety of services that are not covered through state contracts and other funding sources, such as client information system, client trust accounting, contract management, and other administrative services.