



## City of Pell City

### Application for Funding – FY 2019-2020

Name of Organization/Agency: Jefferson-Blount-St. Clair Mental Health Authority

Mailing Address: 940 Montclair Road, Suite 200, Birmingham, AL 35213

Street Address (if different from above): \_\_\_\_\_

Name & Title of Contact Person: James A. Crego, Associate Director

Contact Phone #: (205) 443-2226 Email Address: jcrego@jbsmha.com

Federal Tax ID #: 63-0592183 Website: www.jbsmha.com

Is your Organization/Agency a corporation? Yes If so, is it a non-profit organization? Yes

Amount of funds requested: \$10,500

Detailed description of the reason for the requested funds:

See attached letter. Funds are used as matching dollars for federal grants  
and to fill gaps in funding.

Benefits (if any) provided to the Citizens of Pell City, including the number of residents receiving service in the last operating year:

See attached letter. 501 Pell City residents received our services in FY18.

Did you receive funds from the City in previous years? X yes \_\_\_\_\_ no

If so, what year and what were the uses of the funds:

See attached history of clients served and funding for the last ten years.



## City of Pell City

### Application for Funding – FY 2019-2020 (continued)

Who is your Chief Financial Officer: James A. Crego Phone #: (205) 443-2226

In addition to this application, the following items are required:

- an annual budget for the year in which the funds are requested
- most recent tax return *- N/A - Do not file a tax return*
- most recent audited financial statements
- a list of direct funding or in-kind services received from other governmental entities
- any additional information that addresses the priorities set forth in the Appropriation Policy
- if your organization serves a population outside of Pell City, please quantify the proportion of services that benefit the residents of Pell City

I hereby approve the submission and contents of this application and agree that any grant awarded pursuant to this application will be subject to the review of the City and will be administered in conformity with the purposes stated above.

Signature:  Title: Associate Director Date: 1/26/19

## JEFFERSON - BLOUNT - ST. CLAIR MENTAL HEALTH AUTHORITY

940 Montclair Road Suite 200 Birmingham, Alabama 35213 www.jbsmha.com  
Telephone: (205) 595-4555 Voice Mail: (205) 380-6460 Fax: (205) 592-3539 TDD: 1-800-545-1833 ext. 516

### Executive Committee of the Board

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April 29, 2019

City Hall

Teri St. James, Chief Financial Officer

1905 First Avenue North

Pell City, AL 35125

Dear Ms. St. James:

Enclosed please find our budget request for Fiscal Year 2020, outlining the funding needs of the agencies and programs for whom the Jefferson-Blount-St. Clair Mental Health Authority is requesting local funding. Please note that the total amount of local support needed from all of the region's local governments is \$947,361. The appropriation desired from the City of Pell City is **\$10,500**.

Your contributions in the past have made a tremendous difference in the lives of the clients we serve. In combination with state, federal, and other local allocations, your funds have provided the following to 501 Pell City residents in the past year:

- Inpatient crisis stabilization services for uninsured mentally ill persons,
- Medications and outpatient therapy for citizens with mental illness,
- A place to live and receive treatment for community members with mental illness,
- In-home therapy to prevent at-risk youth from being removed from their homes,
- Case management to access housing and other supports to avoid unnecessary admissions to state hospitals,
- Social work assistance to families coming to the probate court seeking treatment for relatives.

Local funds are one of the most important resources to our system of care because they provide flexibility in their use. This flexibility allows our system to fill gaps in funding sometimes left as a result of designated state and federal funding of services. These funds also provide matching funds so that we can draw down federal funds.

Without the support of the City of Pell City, our system would not be able to provide many of the services so crucial to the mental health needs of our community. For the upcoming fiscal year, we are asking the City of Pell City to consider appropriating our agency **\$10,500**. This amount is equal to a return to the funding level provided in fiscal years 2011-2017.

Board of Directors composed of three appointees each from:

Bessemer - Birmingham - Blount County - Fairfield - Gardendale - Homewood - Hueytown  
Jefferson County - Leeds - Mountain Brook - Oneonta - Pell City - St. Clair County - Tarrant - Vestavia Hills

This agency has a long tradition of serving persons with the most serious mental illnesses who have little or no health care funding, and who depend upon us for their mental health care. We serve a high percentage of persons below the poverty level, a high percentage of minorities, and thousands of people who cannot access services any other way. Our system served over 12,000 of these clients last fiscal year.

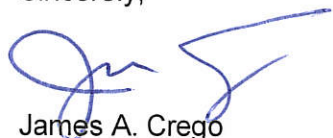
Services specific to Pell City and St. Clair County include the following:

<u>DESCRIPTION/LOCATION</u>	<u>SERVICES</u>
Eastside Mental Health Center 15 <sup>th</sup> Street North, Pell City	Outpatient Clinic for adults and children suffering from mental illness
Greenwood Apartments 15 <sup>th</sup> Street North, Pell City	Independent living apartment complex for mentally ill adults
Sam Jones Residential Group Home 7 <sup>th</sup> Avenue North, Pell City	Fully staffed community housing for 10 adults suffering from a mental illness
St Clair County Court Liaison	Works directly with District Court Judge Alan Furr accessing and implementing mental health services for emotionally and Behaviorally disturbed children and their families.
St. Clair County DHR Outpatient Therapists (2)	Provides mental health assessments, crisis intervention and therapy to residents of St Clair County.
St. Clair County Case Managers (3) 1 Adult Services Case Manager 2 Children Services Case Managers	Assist families in locating and accessing community services. Case Managers also monitor consumers' progress while community services are being utilized.
St. Clair In-Home Intervention Team	2-person team providing intensive in-home services to children who due to their behavior and/or mental health issues are at risk for out of home placement.
St. Clair County Board of Education Odenville Schools	3-person team providing evaluations, consultations and counseling on anger and behavior management.
Pell City Board of Education	One master's level therapist working full-time at the Pell City Board of Education providing counseling, social skills training and behavior management for students in grades K-6.

Enclosed is a description of all the services provided for by local funds. You can see that none of these services are "luxury" items, but are services that recipients vitally need to return to and remain as functioning members of our community.

On behalf of the clients we serve, we would like to thank you for your careful consideration of this request and for your past and continued support of our clients and programs. We would very much welcome you and others from your office as our guest for a tour of our Sam Jones group home and other facilities to further acquaint you with our programs and services.

Sincerely,

A handwritten signature in blue ink, appearing to read 'James A. Crego', with a stylized flourish extending to the right.

James A. Crego  
Controller/Associate Director

Enc: Description of Local Services  
History of Clients Served and Funding

**JEFFERSON-BLOUNT-ST. CLAIR  
MENTAL HEALTH AUTHORITY**

**Description of Local Services and Projected Funding Levels**

**EASTSIDE MENTAL HEALTH CENTER INPATIENT SERVICES** - \$120,000: This funding is to assist Eastside Mental Health Center in providing for inpatient psychiatric treatment for persons in crisis and who are uninsured.

**UAB COMMUNITY PSYCHIATRY PROGRAM** - \$120,000: This funding is to assist UAB Mental Health Center in providing for inpatient psychiatric treatment for persons in crisis and who are uninsured.

**PROGRAMS OPERATED BY THE JEFFERSON-BLOUNT-ST. CLAIR MENTAL HEALTH AUTHORITY** - \$707,361: This funding provides for the following services:

**Children Services Programs including the F.I.N.D. Project (Family Integrity Network Demonstration Project)**: The F.I.N.D. program provides in-home and case management services for children at risk of being removed from their homes, and their families, to preserve the integrity of the family unit. Services also include a crisis intervention response team which provides in-home intervention and assessment to children identified as multiple needs children to prevent removal of the children from their homes.

**Family Court Liaison:** This program provides direct liaison services to emotionally/behaviorally disturbed children and their families involved with the Family Courts in Jefferson and St. Clair Counties. These employees are responsible for clinical assessment of client needs and advocating for appropriate, least restrictive alternatives. These employees work directly with the Family Court Judges, probation officers, and staff of the court in accessing and implementing mental health services.

**Children Overcoming Problems Everyday (COPE)**: Child Mental Health Initiative formerly funded via a SAMHSA federal grant, this program has been sustained through the financial support of local DHR, Family Court and City and County school systems to enhance and expand child and adolescent mental health services within Jefferson County. This program has allowed us to develop new services, improve access to existing services, and improve our ability to identify children in need of our services.



**Supported Living:** This program provides two Supported Living case managers who work with clients returning to independent living after being hospitalized at Bryce Hospital and then completing one of the Authority's residential programs. These clients receive case management support needed to enable them to maintain their independence in the community.

**Urgent Care Clinic:** Opened in December 2013, the clinic offers a first of its kind service in the state of Alabama: a walk-in clinic for those in need of immediate psychiatric care. One of the goals of the clinic is to reduce crowding of local hospital emergency rooms. The emergency room is a much higher level of care than is needed by many psychiatric patients currently frequenting the ER. The immediate access available at the Urgent Care Clinic also will provide a bridge to those in the community waiting for an appointment at a local mental health center, but in need of services in advance of the appointment availability. Staffing includes a Psychiatrist, Nurse Practitioner, Master's level therapist, RN, LPN, Peer Navigators and a Case Manager.

**Western Mental Health Clinic:** Outpatient services for children and adults who live in the western portion of Jefferson County.

**Mental Illness Residential Housing, Supported Housing, Apartments, and Clinical Services:** This program provides community based housing and associated therapeutic services for 371 persons with mental illness, who would otherwise be patients at state psychiatric hospitals.

**Mental Illness Day Treatment:** This program provides intensive habilitation training in economic self-sufficiency, self-care, self-direction, receptive/expressive language, learning and capacity for independent living. The focus of training is to enable the individual to reach his or her maximum potential which would allow movement to the most independent setting possible. Local funds provide match for accessing federal reimbursement.

**Mental Illness Foster Homes and Nursing Homes:** This program provides monitoring and supervision of persons placed in the 38 foster home beds and 70 nursing home beds available for the mentally ill/intellectually disabled in our three county region. Mental health services are also provided to these clients, as needed, through this program.

**Community Outreach Services Case Management:** This program provides assistance for clients to obtain housing, entitlements, and health care services, to enable them to live successfully in the community.

**Probate Court Services:** This program provides for a link between the Jefferson County Probate Court and the community mental health system, and to assist families (petitioners) seeking commitment to state hospitals.

**Jefferson County Health Department Team:** The focus of the Health Department Team is to target consumers residing in Boarding Homes in an attempt to increase their quality of care. The team will work in concert with the Health Department Inspection Team to strive to decrease the number of non-permitted Boarding Homes, while increasing Boarding Home resources for the homeless population.

**Bryce Hospital Liaison:** This program provides a link between Bryce Hospital and the community mental health programs of our region.

**Homeless Services:** This program provides case management services for homeless individuals with mental illness, to assist them in accessing housing, entitlements, and health care services. Local Funds provide match for accessing federal grant reimbursement.

**Jefferson County Sheriff's Department CSO:** This program provides mental health outreach and liaison services to the sheriff's department. Sheriff's deputies have access to a CSO 24 hours a day, seven days a week.

**Program of Assertive Community Treatment:** A team approach to care, targeting hard to reach individuals diagnosed with severe and persistent mental illness. Integrates mental health treatment, substance abuse treatment, vocational rehabilitation, case management, assistance with daily living skills and social support within a multi-disciplinary team. Emergency response is also provided by this 12 person team and a team member is available 24 hours per day, 7 days per week.

**Outpatient Commitment Team:** This program works with individuals who are undergoing evaluation for involuntary commitment or have been outpatient committed to a designated mental health facility by Jefferson County Probate Court. The program purpose is to provide less restrictive treatment options for individuals by offering court screening, in-home intervention and physician assessment and treatment services.

**NOVA First Episode Psychosis:** This program empowers and supports teens and young adults dealing with psychosis for the first time. Staff includes a psychiatrist, registered nurse, master's level therapist, case manager and peer support staff.



**Office of Deaf Services:** Provides clinical services, case management and residential services to mentally ill consumers with hearing loss. Interpreting services in mental health care settings are also provided out of this office. Staff also performs advocacy work to ensure that all persons with hearing loss receive access to culturally and linguistically appropriate services in mental health.

**Properties Management:** This category provides funds for maintenance of buildings and equipment associated with the Authority central office, Eastside Mental Health Center, the Peer Support Marshall Center, the 1920 Club, and mental illness residential beds.

**Authority Administration:** This category provides for a variety of services that are not covered through state contracts and other funding sources, such as client information system, client trust accounting, contract management, and other administrative services.

**Jefferson-Blount-St. Clair Mental Health Authority  
Projected Utilization of Local Funds  
for Fiscal Year 2020**

DESCRIPTION	AMOUNT
<b><u>Sub-Contracted Programs:</u></b>	
Eastside Mental Health Center	\$120,000
UAB Mental Health Center	\$120,000
<b><u>Authority Operated Programs:</u></b>	\$707,361
Children's Programs	
Family Court Liaison	
Children Overcoming Everyday Problems (COPE)	
Urgent Care Clinic	
Western Mental Health Clinic	
Mental Illness Residential	
Mental Illness Apartments	
Mental Illness Day Treatment	
Mental Illness Foster Homes and Nursing Homes	
Community Outreach Services Including Case Management/RN Services	
Probate Court Services	
Supported Living	
Jefferson County Health Department Team	
Bryce Hospital Liaison	
Homeless Services	
Jefferson County Sheriff's Department Community Support Officers	
Program of Assertive Community Treatment	
Outpatient Commitment Team	
NOVA First Episode Psychosis	
Office of Deaf Services	
Properties Management	
Administration	
<b>TOTAL NEEDED FROM LOCAL GOVERNMENTS</b>	<b>\$ <u>947,361</u></b>
<b>TOTAL DESIRED APPROPRIATION FROM CITY OF PELL CITY</b>	<b>\$ <u>10,500</u></b>

\*Note that the program amounts listed above are based on receipt of the full amount needed from each participating local government. If the appropriation received is less than what is needed, all programs will be financially affected.

JEFFERSON-BLOUNT-ST. CLAIR MENTAL HEALTH AUTHORITY  
HISTORY OF CLIENTS SERVED AND FUNDING (LAST 10 YEARS)  
CITY OF PELL CITY

	PELL CITY APPROPRIATION	PELL CITY RESIDENTS SERVED
<b>DESIRED FISCAL YEAR 2020 APPROPRIATION</b>	<b>\$ 10,500</b>	
CURRENT YEAR - FISCAL YEAR 2019	5,000	
FISCAL YEAR 2018	5,000	501
FISCAL YEAR 2017	10,500	507
FISCAL YEAR 2016	10,500	473
FISCAL YEAR 2015	10,500	478
FISCAL YEAR 2014	10,500	460
FISCAL YEAR 2013	10,500	480
FISCAL YEAR 2012	10,500	501
FISCAL YEAR 2011	10,500	495
FISCAL YEAR 2010	10,250	524

JEFFERSON-BLOUNT-ST. CLAIR MENTAL HEALTH PROVIDER NETWORK  
UNDUPLICATED COUNT OF CLIENTS SERVED  
FISCAL YEAR 2018 - PELL CITY

	PELL CITY
UAB MENTAL HEALTH CENTER	0
EASTSIDE MENTAL HEALTH CENTER	350
WESTERN MENTAL HEALTH CENTER	1
JBS MI RESIDENTIAL PROGRAM	18
JBS BRYCE LIAISON	0
JBS URGENT CARE CLINIC	8
JBS FIRST EPISODE PSYCHOSIS	0
JBS MH PROBATE COURT SERVICES	1
JBS MH COMMUNITY OUTREACH SERVICES	9
JBS SUPPORTIVE LIVING	0
JBS HOMELESS SERVICES PROJECT	0
JBS IN-PATIENT HOSPITAL LIAISON	0
JBS OUTPATIENT COMMITMENT TEAM	0
JBS JEFFERSON COUNTY HEALTH DEPARTMENT TEAM	0
JBS JEFFERSON COUNTY COMMUNITY SERVICE OFFICERS	0
JBS CHILDREN'S SERVICES	114
JBS PROACT TEAM	0
JBS DEAF SERVICES	0
1920 CLUB	0
<b>TOTAL CLIENTS SERVED</b>	<b>501</b>

Jefferson-Blount-St. Clair Mental Health Authority  
Proposed Operating Budget - Summary  
October 1, 2019 - September 30, 2020

<u>Description</u>	<u>Total FY2020 Budget</u>	<u>Annualized Actual FY19</u> (as of 2/28/19)	<u>Actual FY18</u>
Revenues			
Federal	\$ 12,500,000	\$ 12,613,622	\$ 12,261,519
State	28,000,000	25,390,574	28,543,074
Local	58,000	53,470	53,470
Client Fees/Other	3,400,000	3,427,190	3,367,041
Total Revenues	<u>\$ 43,958,000</u>	<u>\$ 41,484,856</u>	<u>\$ 44,225,104</u>
Expenses			
Salaries & Fringe Benefits	\$ 19,830,000	\$ 19,441,762	\$ 19,064,352
Contract Services	17,800,000	16,716,029	17,871,931
Operating Expenses	1,350,000	1,340,237	1,329,658
Operating Supplies	1,250,000	1,243,054	1,128,104
Travel and Transportation	710,000	645,235	734,050
Buildings and Grounds	2,268,000	2,239,937	2,096,305
Other Expenses	750,000	743,549	633,866
Total Expenses	<u>\$ 43,958,000</u>	<u>\$ 42,369,803</u>	<u>\$ 42,858,266</u>
Surplus (Deficit) from Operations	<u>\$ -</u>	<u>\$ (884,947)</u>	<u>\$ 1,366,838</u>

**JEFFERSON-BLOUNT-ST. CLAIR MENTAL HEALTH AUTHORITY**  
**SCHEDULE OF REVENUES**  
**FOR THE YEAR ENDED SEPTEMBER 30, 2018**

	<u>Federal Government</u>	<u>State Government</u>	<u>Local Government</u> *	<u>Fees</u>	<u>Other</u>
Medicaid - Title XIX	8,954,206				
Mental Health Services Block Grant	2,110,397				
Department of Housing & Urban Development	834,925				
Homeless Critically Mental Illness	216,915				
State Department of Mental Health Grants and Contracts		27,719,721			
State Department of Youth Services Contract		607,882			
State Department of Human Resources Contracts		184,374			
All Kids Plus		31,097			
Blount County			11,400		
St Clair County			8,870		
Vestavia Hills			7,200		
Gardendale			6,000		
Homewood			5,400		
Pell City			5,000		
Oneonta			4,000		
Mountain Brook			2,100		
Hueytown			1,500		
Leeds			1,200		
Tarrant			800		
Client Fees				1,462,004	
Jefferson County Schools - Title I					446,236
Medical Director Services Contract					223,800
Jefferson County Board of Education Contracts					183,000
Birmingham Board of Education COPE Unit Contract					148,168
Family Court of Jefferson County COPE Unit Contract					148,000
Property Management Fees					145,076
St. Clair County Schools					110,000
Business Functions and Maintenance Service Contracts					107,576
Birmingham Special Ed					100,552
Blount County Services					88,000
Jefferson County Department of Public Health					70,000
Pell City Schools					65,899
Oneonta City Schools					41,000
Crisis Center Contract					39,600
Insurance Proceeds					25,750
DHR Trauma Counseling					23,408
Miscellaneous, Vending and Local Contracts					25,284
St Clair County District Court Contract					15,000
Homewood Pathways Counselor					2,970
Deaf Interpreter Services					364
Total	<u>12,116,443</u>	<u>28,543,074</u>	<u>53,470</u>	<u>1,462,004</u>	<u>2,009,683</u>

UNDULICATED COUNT OF CLIENTS SERVED  
FISCAL YEAR 2018 - CONSOLIDATED

	TOTAL RESIDENTS SERVED	PELL CITY	PELL CITY % OF TOTAL
UAB MENTAL HEALTH CENTER	1,287	0	0.0%
EASTSIDE MENTAL HEALTH CENTER	3,675	350	9.5%
WESTERN MENTAL HEALTH CENTER	1,813	1	0.1%
JBS MH MI RESIDENTIAL PROGRAM	531	18	3.4%
JBS MH BRYCE LIAISON	12	0	0.0%
JBS URGENT CARE CLINIC	381	8	2.1%
JBS FIRST EPISODE PSYCHOSIS	8	0	0.0%
JBS MH PROBATE COURT SERVICES	989	1	0.1%
JBS MH COMMUNITY OUTREACH SERVICES	612	9	1.5%
JBS MH SUPPORTIVE LIVING	86	0	0.0%
JBS MH HOMELESS SERVICES PROJECT	188	0	0.0%
JBS IN-PATIENT HOSPITAL LIAISON	465	0	0.0%
JBS OUTPATIENT COMMITMENT TEAM	122	0	0.0%
JBS JEFFERSON COUNTY HEALTH DEPARTMENT TEAM	59	0	0.0%
JBS JEFFERSON COUNTY COMMUNITY SERVICE OFFICERS	105	0	0.0%
JBS CHILDREN'S SERVICES	1,938	114	5.9%
JBS PROACT TEAM	63	0	0.0%
JBS DEAF SERVICES	17	0	0.0%
1920 CLUB	146	0	0.0%
TOTAL CLIENTS SERVED	12,497	501	4.0%